

# ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES

## Application for Care

Name \_\_\_\_\_ Date: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Referred By \_\_\_\_\_ E-mail \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Marital Status ☐ S ☐ M ☐ D ☐ W

Spouse's Name \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_ # of Children/Ages \_\_\_\_\_

Previous chiropractor \_\_\_\_\_ Approx. date of last visit \_\_\_\_\_

Chiropractic techniques you've had success with \_\_\_\_\_

If pregnant, how many weeks? \_\_\_\_ Due Date \_\_\_\_\_ Name of OB/midwife \_\_\_\_\_

Ins Co. \_\_\_\_\_ Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

Subscriber's Name \_\_\_\_\_ Subscriber's Date of Birth \_\_\_\_\_

**The information in this section pertains to your history from birth to age 5, if you don't know just write "D.K."**

Yes	No		Patient Comment if answer is Yes	Chiropractor's Comment
1. Your mother's pregnancy with you				
<input type="checkbox"/>	<input type="checkbox"/>	Was she in good health through her pregnancy?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Have any falls or injuries during pregnancy?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Experience any physical and/or mental abuse?	_____	_____
2. Birth Process				
<input type="checkbox"/>	<input type="checkbox"/>	Was the delivery long or difficult?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Mother given drugs during delivery?	_____	_____
		Forceps or Cesarean? Breech? Circle one if it applies	_____	_____
		Home birth? Hospital birth? Circle one	_____	_____
3. Growth and Development				
<input type="checkbox"/>	<input type="checkbox"/>	Were you taught how to care for your spine?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Did you fall out of bed? Did you fall down the stairs?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Were you breastfed?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Childhood sicknesses?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Accidents? Falls? Injuries?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Surgery? Drugs?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Child abuse?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Spanking (how?)	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Chair pulled out when sat down?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Were you yanked by your arm?	_____	_____

Yes	No	(Age 5 - Present)	Patient Comment if answer is Yes	Chiropractor's Comment
<input type="checkbox"/>	<input type="checkbox"/>	Did/do you smoke?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Did/do you drink any alcohol?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Have you had surgery or organs removed/replaced?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Drugs? (Prescriptive or non-prescriptive)	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Teeth, eye or hearing problems?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Have you been in accidents?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Exercise regularly?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Did/do you have occupational stress?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Physical stress? Mental Stress?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Hobbies/Sports injuries	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Other traumas or problems?	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	Sleeping posture <input type="checkbox"/> side <input type="checkbox"/> stomach <input type="checkbox"/> back	_____	_____

Reason for visiting us \_\_\_\_\_

If pain, when did it start? \_\_\_\_\_

Pains are ☐ Sharp ☐ Dull ☐ Constant ☐ Intermittent      Getting worse? ☐ Yes ☐ No

What activities aggravate your condition/pain? \_\_\_\_\_

What activities lessen your condition/pain? \_\_\_\_\_

Is this condition worse during certain times of the day? \_\_\_\_\_

Is this condition interfering with work? ☐ Yes ☐ No      Sleep? ☐ Yes ☐ No      Routine? ☐ Yes ☐ No

Other doctors seen for condition \_\_\_\_\_

Any home remedies? \_\_\_\_\_

What have you heard about chiropractic care? \_\_\_\_\_

Do you know what a subluxation is? Please describe \_\_\_\_\_

What daily rituals for spinal health do you practice? \_\_\_\_\_

Other symptoms:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Headaches                  | <input type="checkbox"/> Pins and needles in arms         | <input type="checkbox"/> Dizziness, fainting |
| <input type="checkbox"/> Neck Pain                  | <input type="checkbox"/> Pins and needles in legs         | <input type="checkbox"/> Loss of smell       |
| <input type="checkbox"/> Upper back, shoulder pain  | <input type="checkbox"/> Numbness in arms, hands, fingers | <input type="checkbox"/> Loss of taste       |
| <input type="checkbox"/> Mid back pain              | <input type="checkbox"/> Numbness in legs, feet, toes     | <input type="checkbox"/> Diarrhea            |
| <input type="checkbox"/> Low back pain              | <input type="checkbox"/> Shortness of breath              | <input type="checkbox"/> Feet cold           |
| <input type="checkbox"/> Hip pain                   | <input type="checkbox"/> Fatigue                          | <input type="checkbox"/> Hands cold          |
| <input type="checkbox"/> Pain in arms, hands        | <input type="checkbox"/> Depression                       | <input type="checkbox"/> Stomach upset       |
| <input type="checkbox"/> Pain in legs, feet         | <input type="checkbox"/> Lights bother eyes               | <input type="checkbox"/> Constipation        |
| <input type="checkbox"/> Difficulty in raising legs | <input type="checkbox"/> Loss of memory                   | <input type="checkbox"/> Loss of Balance     |

# ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES

(904)247-3933 or (904)479-0363

## TERMS OF ACCEPTANCE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

**Adjustment** – An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine.

**Health** – A state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

**Vertebral Subluxation** – A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of metal impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxations.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction.

I hereby authorize payment directly to this office for professional services rendered and shall be personally responsible for any unpaid balance to the doctors. I hereby authorize the attending doctor to release any information concerning my examination or treatment. If an outstanding balance is not paid within 30 days, I will be responsible for all costs incurred for collections, including reasonable attorney fees.

I have read and fully understand the above statements. I therefore accept chiropractic care on this basis.

Name\_\_\_\_\_Signed\_\_\_\_\_

Date\_\_\_\_\_

# **ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES**

(904)247-3933 or (904)479-0363

Please initial

## **ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

\_\_\_\_ I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practices. I understand that this form will be placed in my patient chart and maintained for four years.

Please initial

## **TREATMENT AUTHORIZATION**

\_\_\_\_ I understand that if I am accepted as a patient by Alterman & Johnson Family Chiropractors, I am authorizing them to proceed with any treatment that may be necessary. Furthermore, any risks regarding chiropractic care will be explained to me upon my request.

\_\_\_\_ I hereby state that, to the best of my knowledge, I am not pregnant, nor is pregnancy suspected or confirmed at this time. PLEASE LEAVE THIS BLANK IF YOU ARE PREGNANT

\_\_\_\_ I consent to receiving voicemail/text messages from Alterman & Johnson Family Chiropractors/Blooming Bellies related to my protected healthcare information at (phone number) \_\_\_\_\_. I understand I may be charged for such calls by my wireless carrier.

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Print Name

Date

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Signature (Patient or Parent/Guarding)

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## **AUTHORIZATION FOR TREATMENT OF MINOR**

I hereby authorize of Alterman & Johnson Family Chiropractors to administer treatment as they deem necessary to my child (name)\_\_\_\_\_.

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Parent/Guardian Signature

Date

**ALTERMAN & JOHNSON FAMILY CHIROPRACTORS and BLOOMING BELLIES**  
**REVIEW OF SYSTEMS**

NAME \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**ALLERGIC/IMMUNOLOGIC**

___ Hives/Eczema	___ Hayfever	___ Catch colds easily	___ Frequent sinus trouble
___ Frequent Influenza	___ HIV/AIDS	___ Fever	___ Allergies

**CARDIOVASCULAR**

___ Murmur	___ Chest pain	___ Palpitations	___ Dizziness
___ Shortness of breath	___ Swollen ankles	___ Irregular heart beat	___ Heart attack
___ Pressure over chest	___ Pain down left arm	___ High triglycerides	___ High cholesterol
___ Profuse sweating	___ Nausea	___ Vomiting	___ Low blood pressure
___ Fainting spells	___ High blood pressure	___ Difficulty lying flat	

**CONSTITUTIONAL**

___ Weight loss	___ Fatigue	___ Fever
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**EARS/NOSE/THROAT**

___ Difficulty hearing	___ Buzzing in ears	___ Ringing in ears	___ Vertigo
___ Sinus trouble	___ Nasal stuffiness	___ Hearing loss	___ Ear pain
___ Mouth sores	___ Hoarseness	___ Nose bleeds	___ Dental problems
___ Frequent sore throat	___ Difficulty swallowing		

**ENDOCRINE**

___ Loss of hair	___ Heat/cold intolerance	___ Hypothyroidism	___ Hyperthyroidism
___ Diabetes	___ Goiter		

**EYES**

___ Glasses/contacts	___ Eye pain	___ Light bothers eye	___ Double vision
___ Cataracts	___ Vision problems	___ Blurred vision	___ Glaucoma

**GASTROINTESTINAL**

___ Reflux	___ Nausea/vomiting	___ Constipation	___ Change in bowel movements
___ Diarrhea	___ Black or bloody stools	___ Gallbladder problems	___ Liver problems
___ Hepatitis	___ Distress from greasy food	___ Heartburn	___ Ulcers
___ Hiatal hernia	___ Colitis	___ Blood in stool	___ Colon cancer
___ Abdominal pain	___ Burning in stomach	___ Pancreatitis	___ Jaundice
___ Pain in stomach	___ Mucus in stool		

**GENITOURINARY**

___ Burning/frequency	___ Blood in urine	___ Erectile dysfunction	___ Abnormal discharge
___ Leakage	___ Incontinence	___ Kidney infection	___ Sexual difficulty
___ Kidney stones	___ Loss of libido		

**HEMATOLOGY/LYMPH**

___ Easy bruising	___ Gums bleed easily	___ Enlarged glands	___ Anemia
___ Bleeding disorder	___ Sickle cell anemia	___ Lymphoma	

**MUSCULOSKELETAL**

___ Joint pain/swelling	___ Stiffness	___ Muscle pain	___ Neck pain
___ Stiff neck	___ Back pain	___ Osteoarthritis	___ Rheumatoid arthritis
___ Bone spurs	___ Broken bones	___ Compression fracture	___ Head injury
___ Back injury	___ Spinal trauma	___ Birth trauma	___ Birth defects
___ Cancer	___ Muscle weakness	___ Muscular dystrophy	___ Scheuerman's disease
___ Scoliosis	___ Lupus	___ Spina bifida	___ Spondylolisthesis
___ Arthritis	___ Neck injury	___ Osteoporosis	

**NEUROLOGICAL**

___ Loss of strength	___ Numbness	___ Headaches	___ Heavy head
___ Tremors	___ Memory loss	___ Difficulty speaking	___ Multiple sclerosis
___ Parkinson's disease	___ Fainting	___ Concussion	___ Migraines
___ Disorientation	___ Loss of coordination	___ Difficulty walking	___ Stroke
___ Alzheimer's disease	___ Weakness	___ Disc problem	___ Lightheaded/dizzy
___ Epilepsy/seizures	___ Tingling		

**PSYCHIATRIC**

___ Anxiety	___ Depression	___ Mood swings	___ Difficulty sleeping
___ Nervousness	___ Tension		

**RESPIRATORY**

___ Cough	___ Coughing blood	___ Wheezing	___ Chills
___ Chronic cough	___ Pneumonia	___ Asthma	___ Superficial breathing
___ Chest pain	___ Tuberculosis	___ Bronchitis	___ Emphysema
___ Difficulty breathing	___ Lung cancer		

**SKIN**

___ Rash/sores	___ Lesions	___ Itching/burning	___ Skin problems
___ Slow healing	___ Bruise easily	___ Psoriasis	___ Change in moles
___ Change in skin color	___ Skin cancer	___ Scars	___ Discolorations

**WOMEN ONLY**

___ Hot flashes	___ Vaginal discharge	___ Nipple discharge	___ Menstrual cramps
___ Premenstrual depression		___ Lumps in breast(s)	___ Hysterectomy
Date of last Mammogram: _____		___ Normal Mammo.	___ Abnormal Mammo.
Date of last PAP: _____	___ Normal PAP	___ Abnormal PAP	
Age onset of periods: _____	Age onset menopause: _____	___ Regular periods? ___Y ___N	Number of pregnancies: ____

**MEN ONLY**

___ Burning on urination	___ Difficulty starting urine	___ Dripping urination	___ Prostate trouble
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**GENERAL**

___ Recent weight gain (other than pregnancy)	___ Loss of sleep	___ Recent weight loss	___ Loss of appetite
___ Fatigue	___ Polio	___ Rheumatic fever	___ Cancer of any kind